



Procedure G.1: Ebola Virus Disease (EVD) for University Personnel and Students
Volume G
Managing Office: General Counsel, Office of Human Resources and Student Health and
Counseling Services
Effective Date: October 30, 2014
Revised Date: December 3, 2014

I. INTRODUCTION AND PURPOSE

Alabama A& M University is committed to providing all students, employees and guests with a safe living and working environment within the campus community. Health and safety are important factors in any community, especially in a residential campus like Alabama A& M University. Therefore, the significance of health and safety cannot be overemphasized regardless of the threat of disease or outbreak. The purpose of this procedure is to provide helpful information and guidance about EVD and International Travel.

II. INFORMATION FROM THE CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC)

The Centers for Disease Control and Prevention (CDC) has posted a **Level 3 Travel Notice** recommending that individuals avoid non-essential traveling to and from four (4) countries in West Africa: Liberia; Sierra Leone; and Guinea. A **Level 2 Travel Notice** has been recommended for Mali. Therefore, Alabama A& M University recommended educational travel to these countries be **postponed** until the EVD outbreak is controlled.

III. GENERAL INFORMATION ABOUT EVD

EVD is not transmitted through the air and is not like a respiratory disease such as the flu or common cold. EVD is only spread through direct contact with bodily fluids of a person who is sick with or has died from EVD and from objects contaminated with the virus (primarily medical equipment). Alabama A& M University is following the recommendations of the CDC for colleges and universities. The link to the CDC website is: <http://wwwnc.cdc.gov/travel/page/advice-for-colleges-universities-and-students-about-ebola-in-west-africa>

IV. GENERAL PREVENTION

According to the Centers for Disease Control and Prevention, Ebola poses little risk to the United States general population and is not contagious until symptoms appear. It is always good to avoid contact with anyone who is sick and to wash your hands regularly. Use soap and water if available or use of an alcohol based hand sanitizer.

V. INTERNATIONAL TRAVEL RECOMMENDATIONS

If you are planning any **International Travel**, it is suggested that you monitor the CDC website for updates. Based on the CDC guidelines, Alabama A& M University is making the following recommendations concerning international travel. Updates from the CDC will be sent on a periodic basis and will be available on the Alabama A&M University Student Health and Counseling Services website at:

<http://www.aamu.edu/campuslife/studenthealthcenter/pages/about-us.aspx>

Alabama A&M University is:

1. Restricting all university-related travel to West Africa, specifically the countries of Guinea, Liberia, Nigeria and Sierra Leone. This listing may be changed based on the updates from the Centers for Disease Control (CDC) or the World Health Organization (WHO).
2. Requiring students, faculty and staff who are traveling outside the United States for credit, non-credit educational experiences, mission projects, or pleasure, to notify the Alabama A&M University Student Health Center of plans to travel. You should provide the dates of travel and the country or countries to which you will be travelling.
Reporting of plans to travel should start immediately and continue until further notice.
3. Requiring any students, faculty, or employees who have been in countries where Ebola outbreaks are occurring or who reasonably believe they may have been exposed to EVD in the past 21 days to identify themselves to the physician in Alabama A& M University Student Health and Counseling Services at (256) 425-4201. Trained staff will ask appropriate screening questions by phone and assess Exposure Risk Level (e.g., high, low and no risk exposure). Furthermore, these individuals regardless of exposure level will be monitored for 21 days by the health center medical provider, per the CDC guidelines.

4. Conducting a phone risk assessment of any students, faculty, or employees who have been in countries where Ebola outbreaks are occurring or who may have been exposed to EVD within the past 21 days. Such assessment shall consist of sending the identified individual to Huntsville Hospital (256) 265-1000), located at 101 Sivley Road, SW, Huntsville, AL 35801, for Ebola screening including a blood test for the presence of Ebola.
5. Implementing CDC guidelines as appropriate for individuals who have had exposure to EVD within the last 21 days. Alabama A& M University will consult with medical professionals and public health authorities for guidance about how that person should be monitored. Anyone with a potential exposure will receive thorough education from public health authorities or a physician about immediately reporting symptoms and taking the necessary steps for isolation from others.
6. Implementing the following self-monitoring guidelines to the campus community:
 - a. Watch for Ebola symptoms: Headache, muscle pain, vomiting, diarrhea, stomach pain, unexplained bleeding or bruising.
 - b. If temperature is **100.4** degrees F (38 degrees C.) or higher or if individuals experience any other signs or symptoms seek Emergency care immediately. They should be advised to call the Emergency Room (ER) (256-265-1000) hospital before going and not to attend class work and avoid any contact with any persons when they travel to the ER. Do not utilize public form of transportation. The individual should travel alone or call HEMSI for transportation.
7. Implementing the following plan if an individual fails to contact the Alabama A&M University Student Health and Counseling Services regarding international traveling:

Every effort should be made to conduct a phone assessment with the identified individual who has traveled outside of the United States by the Alabama A&M University Student Health and Counseling Services staff by calling (256) 425-4201. If contact by phone is unsuccessful, the University Public Safety department should be contacted at (256) 372-5555 for assistance in locating a medical provider promptly. Once contact is made with the individual, appropriate measures will be taken according to the CDC guidelines.

VI. DEFINITIONS

High Risk Exposures- A high risk exposure includes any of the following:

- a. Percutaneous (e.g. needle stick) or mucous membrane exposure to blood or body fluids of EVD patient.
- b. Direct skin contact with, or exposure to blood or body fluids of, an EVD patient without appropriate personal protective equipment (PPE).
- c. Processing blood or body fluids of a confirmed EVD patient without appropriate PPE or standard biosafety precautions.
- d. Direct contact with a dead body without appropriate PPE in a country where an EVD outbreak is occurring.

*Low Risk Exposures-*A low risk exposure includes any of the following:

- a. Household contact with an Ebola Virus patient.
- b. Other close contact with Ebola Virus patients in health care facilities or community settings.

*No Known Risk Exposure-*A no known risk exposure is having been in a country in which an Ebola outbreak occurred within the past 21 days and having had no high or low risk exposures.

*Close Contact-*close contact includes any of the following:

- a. Being within approximately 3 feet (1 meter) of an Ebola Virus patient or within the patient's room or care area for a prolonged period of time (e.g., health care personnel, household members) while not wearing recommended personal protective equipment (i.e., standard, droplet, and contact precautions). See Infection Prevention and Control Recommendations at: <http://www.cdc.gov/vhf/ebola/hcp/infection-prevention-and-control-recommendations.html>
- b. Having direct brief contact (e.g., shaking hands) with an Ebola Virus patient while not wearing recommended personal protective equipment.

Note: Brief interactions, such as walking by a person or moving through a hospital does not constitute close contact.

Submit this document to the John & Ella Byrd McCain Student Health and Counseling Services no later than December 15, 2014.



ALABAMA A&M UNIVERSITY

John & Ella Byrd McCain
Student Health and Counseling Services

TRAVEL QUESTIONNAIRE

Name: _____	A#: _____
Age: _____	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female
Citizenship: _____	
AAMU Status	
<input type="checkbox"/> Undergraduate	<input type="checkbox"/> Graduate <input type="checkbox"/> Faculty <input type="checkbox"/> Staff

Local Contact Information (Please no P.O. Box):

Phone #: (____) _____ - _____	Email: _____
Street Address: _____	
Apt #: ____	City: _____ State: _____ Area Code: _____

Travel Information:

Expected country of travel (Check all that applies):	
<input type="checkbox"/> Guinea	<input type="checkbox"/> Liberia
<input type="checkbox"/> Sierra Leon	<input type="checkbox"/> Mali
<input type="checkbox"/> Other: _____	
Expected Departure Date: ____/____/____	Expected Return Date: ____/____/____
Return Location: _____	Expected AAMU Return Date: ____/____/____

I understand that the above information is accurate. I understand the risks of my travels and have been provided a traveler health fact sheet. I also agree to report to John and Ella Byrd McCain Student Health and Counseling services located at 4011 Meridian Street, Normal, AL 35762 or call 256-372-4735 prior to arriving at campus.

Agree Disagree

_____/_____/_____
Signature Date

_____/_____/_____
Witness Signature Date

Submit this document to the John & Ella Byrd McCain Student Health and Counseling Services via hand delivery (4011 Meridian Street, Normal, AL 35762), fax (256-372-5599), or email (studenthealth@aamu.edu).